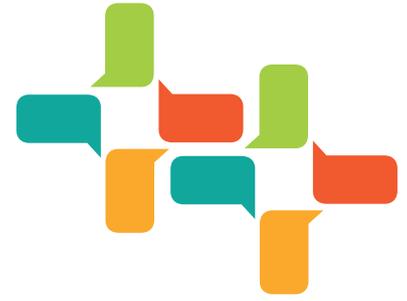


## Fact Sheet

# Pornography



Pornography is pictures or videos of people without their clothes on, having sex, or doing sexy things. When a person looks at pornography it can make them feel sexy.

Pornography is sometimes called 'porn'. Pornography can be:

- books
- magazines
- photos
- videos and films

Most people look at pornography on the internet.

Some people look at pornography because it makes them feel sexy. That is OK. They might touch their private parts when they are looking at pornography. This is called masturbation. For more information go to the fact sheet called 'Masturbation'.

Some people might not like pornography. That is OK too. A person can decide for themselves if they want to look at pornography.



*In this picture the man is looking at a pornographic magazine. He is masturbating. He is in his bedroom. This is a private place.*

## Where to get pornography

A person must be over 18 years old to buy pornography.

A person can get pornography from:

- Newsagents
- Video stores
- Adult shops or sex shops
- The internet.

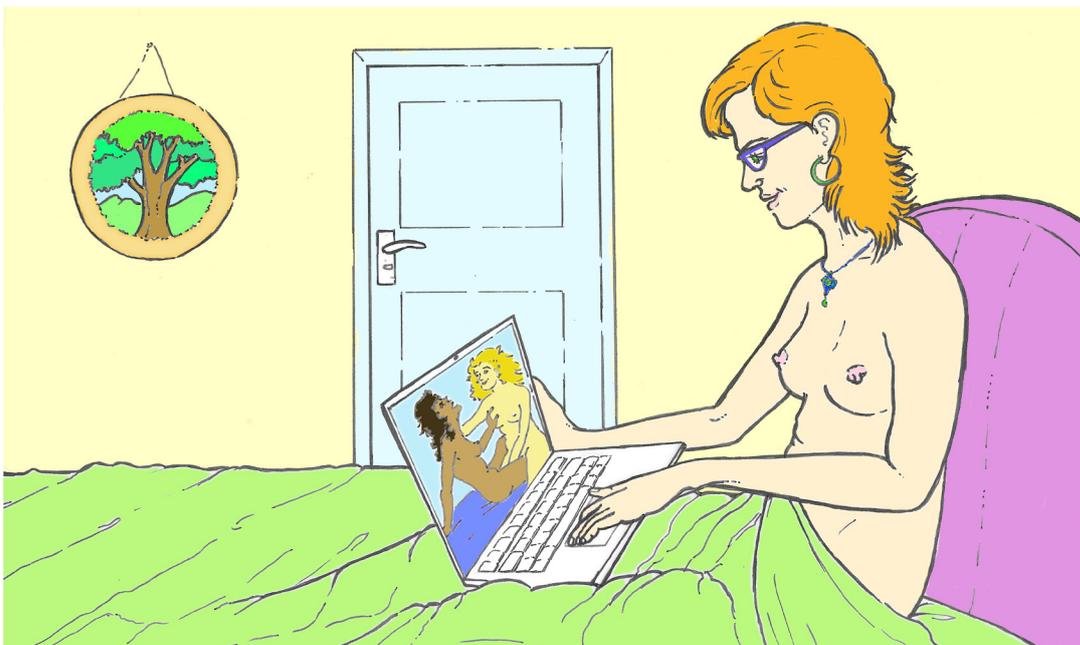
Most people find pornography on the internet. They might look at it on their computer, phone or laptop.

Some pornography is free. Some pornography costs money. It depends on what a person wants to look at.

A lot of pornography can be looked at for free on the internet. However there are some websites that will ask for money to look at the videos.

## There are different kinds of pornography

There are lots of kinds of pornography that show different types of sex.



*In this picture the woman is looking at pornography on her laptop. She is watching a video of two naked women touching each other. She is in her bedroom. This is a private place.*

Different types of pornography might show:

- a man and woman having sex
- two men having sex
- two women having sex
- A group of people having sex.

A person can like some types of pornography and not others. Different people find different types of pornography sexy. That is OK.

## **Pornography is different to sex in real life**

The sex a person sees in pornography can be very different to sex in real life. When a person is looking at pornography there are a few things they should know.

### *Everyone has different bodies*

The people in pornography are actors. These actors are picked for how they look. The men often have big muscles and big penises. The women are often slim with big breasts and might not have hair on their private parts. It is important to remember that not everybody looks like this. People have bodies of all shapes and sizes. That is OK.

### *What sex looks like in pornography*

In pornography that shows men and women having sex, the man often tells the woman what to do. The woman usually does what the man says. The man is sometimes very rough with the woman when they are having sex. She often looks like she is enjoying everything the man is doing. They usually make a lot noise.

## *Both people can have a say in how they have sex*

Most people do not want to have sex the same way as they see in pornography. In real life both men and women can have an equal say in how they have sex. Women can do sexy things to make a man feel good. Men can do sexy things to make a woman feel good. Some people might make a lot of noise when they have sex. Some people are quiet when they have sex. That is OK.

Different people like doing different things during sex. A person should always ask their partner if what they want to do is OK. If both people say "Yes", having sex in different ways is OK.



*In this picture the man is kissing and licking the woman's vulva. This is called oral sex. The woman is enjoying herself.*

## *Both people must say "Yes"*

Both people must say "Yes" to having sex with each other. This is called consent. Consent is when someone says it is OK for another person to touch them or have sex with them.

When people are having sex in pornography they do not always show them saying "Yes" to having sex with each other. In real life a person should always ask the other person to give their consent before having sex.

A person can say "Yes" to sex and then change their mind. That is OK. They should tell the other person they don't want to have sex anymore and ask them to stop. The other person should stop.

Having sex with a person who does not give their consent is called sexual assault. This is against the law. For more information go to the fact sheet called 'Sexual assault'.

## *Safe sex*

In pornography the actors don't always use condoms when they are having sex. This is called 'unsafe sex'. It is important for people to use condoms when having sex to stop them getting a sexually transmissible infection. For more information go to the factsheet 'Safe sex and sexually transmissible infections'.



*In this picture two men are getting ready to have sex. One man is putting on a condom so the couple can have safe sex.*

## The law

There are some rules that people should follow when they look at pornography:

- It is OK for people to look at pornography if they are in a private place, like their bedroom with the door closed. It is not OK for a person to look at pornography in a public place like the library, shops or the park.
- Some pornography has children in it. This is called child pornography. A child is a person who is under 18 years old. It is against the law to buy or look at child pornography. If a person is not sure if it is child pornography, they should not look at it
- It is OK to show someone pornography if they give their consent. They need to say “Yes”.
- It is not OK to show pornography to another person if they do not want to look at it.
- It is not OK to show pornography to a person who is under 18 years old.
- It is not OK to look at pornography that shows people having sex with animals.

If a person follows these rules, it is OK to look at pornography.

## Relationships

Some people might see sexy things in pornography and want to do those things with another person in real life. That is OK. It is important for both people to talk about the kinds of sex they would like to do. Both people must say “Yes” before they have sex.

Some people do not want to have sex like they see in pornography. That is OK. A person does not have to do anything during sex if they do not want to.

For information about consent and sex go to the fact sheet called ‘Having sex’.



## What you need to know

- Pornography is pictures or videos of people without their clothes on, having sex, or doing sexy things.
- You can decide for yourself if you want to look at pornography or not. The sex you see in pornography can be very different to sex in real life.
- People have bodies of all shapes and sizes. It is OK not to look like the people you see in pornography.
- If you want to have sex with someone you should always ask them first. Both people must say "Yes".
- If you want to have sex with someone in a way that you have seen in pornography you should always ask them first.
- It is important to use a condom when having sex to protect yourself from sexually transmissible infections.
- It is OK to look at pornography if you are in a private place.
- It is OK to look at pornography if the people in it are over 18 years old.
- It is only OK to show someone pornography if they say "Yes".
- A person should not make you look at pornography if you don't want to.